



ROCC @ Rivermead Inclusive Trust
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ROCC Extra Activities

In addition to the normal activities that we run, we are offering an alternative schedule called ‘ROCC Extra’, alongside these activities for the week of Monday 7th - Friday 11th August. This week involves a variety of outdoor pursuits as seen below. You will have the opportunity for this week only to choose either from this page for ROCC extra or our normal scheduled activities.

	Monday 7 th August	Tuesday 8 th August	Wednesday 9 th August	Thursday 10 th August	Friday 11 th August
	<u>ROCC EXTRA</u>	<u>ROCC EXTRA</u>	<u>ROCC EXTRA</u>	<u>ROCC EXTRA</u>	<u>ROCC EXTRA</u>
Daily Activities	<p>Off to the beach for some fun and energetic beach activities!</p> <p>Enjoy some outdoor excitement!</p>	<p>A variety of activities including sports and boccia.</p> <p>Have a go at something new and thrilling!</p>	<p>Kayaking!</p> <p>Stand-up paddleboarding!</p> <p>Lessons and practice time, a fun and exciting experience!</p>	<p>Bedgebury Forest.</p> <p>Outdoor nature-filled pursuit with giant play equipment!</p> <p>Burn off some energy at this fantastic venue!</p>	<p>It’s time for an amazing day at a leisure centre and participate in a variety of games, sports and competitions.</p> <p>Work together as a team to beat your opponents!</p>

